

## Frenzy in the Forest Trail Race Entry Form

Class: Male \_\_\_\_\_ Female \_\_\_\_\_

Walker\* \_\_\_\_\_ Runner \_\_\_\_\_

Age Group (as of 12/31/10): Under 12\* \_\_\_\_\_ 12-19 \_\_\_\_\_ 20-29 \_\_\_\_\_ 30-39 \_\_\_\_\_ 40-49 \_\_\_\_\_ 50-59 \_\_\_\_\_ 60+ \_\_\_\_\_

**\*Not part of WNHTRS overall point system.**

Date of Birth: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Fees: (check only one) Pre-reg Race Day Make check payable to: **Sunapee Middle High School**  
\$15 \_\_\_\_\_ \$20 \_\_\_\_\_ Mail to: **Jon Reed**  
**c/o Sunapee Middle High School**  
**10 North Road**  
**Sunapee, NH 03782**

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### Agreement and Release of liability

I know that running is a potentially hazardous activity. I should not enter and run the race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risk associated with running including, but not limited to falls, contact with other participants, the effects of the road and traffic on course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I for myself and anyone entitled to act on my behalf, waive and release the Sunapee Recreation Department, City of Sunapee, Webb's Forest, coordinating groups, individuals associated with the "Western New Hampshire Trail Series", all sponsors and their representatives, employees, and successors from all claims or liabilities of any kind suffered in connection with this event. I also hereby grant full permission to any and all of the foregoing to use my likeness in all media including pictures, photographs, or any other record of this event for any legitimate purpose. I understand that there are no refunds regardless of the circumstances and that I must be present to receive any raffle prizes or awards that I may win.

Racer signature \_\_\_\_\_

Date \_\_\_\_\_

If under 18, Parent or Guardian signature \_\_\_\_\_

Date \_\_\_\_\_

